

FPCA Football Club – Health & Safety Policy

1. Purpose

Ensure the safety, wellbeing, and welfare of all players, coaches, volunteers, parents, and visitors during training sessions, matchdays,

2. Responsibilities

- Club Committee: Oversee health and safety policy.
- Coaches: Conduct risk checks and ensure session safety.
- Players/Parents: Follow guidance, report issues.
- Event Volunteers: Manage crowd safety and emergency procedures.

3. General Safety Procedures

- Inspect pitches and equipment before use.
- Qualified first aider at all sessions and matches.
- First aid kits and emergency contacts must be on site.
- Know emergency procedures; report all incidents.

4. Training Sessions

- Headcounts before, during, and after sessions.
- Include warm-up and cool-down routines.
- No jewellery or unsafe clothing.
- Monitor fatigue, hydration, and weather risks.

5. Matchdays

- Pre-match pitch inspections.
- Spectator boundaries enforced.
- Technical areas observed.
- Safe drop-off/pick-up planned when needed.

6. Club Events

- Risk assessments in advance.
- Ensure crowd control and first aid cover.
- Secure use of equipment (e.g. gazebos, PA systems).
- Keep emergency contacts available.

7. Policy Review

Policy reviewed annually or after any serious incident.

Concerns should be directed to: secretary@fpcafootballclub.co.uk